

Graston Technique® Outcome Summary

Injury	Avg # Rx's*	Overall Outcomes (%)					Success Rate
		Complete	Exc	Good	Fair	Unchanged	Complete - Good
Achilles Tendinitis	8	4	73	15	0	8	92
Ankle Sprain	8	6	52	24	6	12	82
Plantar Fasciitis	7	2	44	24	11	19	70
Patella Femoral Syn.	11	5	42	24	24	5	71
Cervical Pain	11	4	49	29	13	5	82
Low Back Pain	11	8	44	35	6	7	87
Fibromyalgia	10	6	31	44	6	3	81
Hip Pain	9	8	30	50	4	8	88
Hamstring Strain	8	12	58	12	12	6	82
ITB Tendinitis	7	0	64	18	9	9	82
Lat Epicondylitis	10	15	44	31	4	6	90
Med Epicondylitis	8	13	27	20	7	33	60
Rotator Cuff Tendinitis	9	14	40	38	3	5	92
Adhesive Capsulitis	15	0	18	55	18	9	73
Carpal Tunnel Syn	8	5	60	21	9	5	86
Wrist Tendinitis	7	13	46	33	4	4	92
Scar Pain	9	0	46	8	38	8	54

* = Median # Rx's (vs. Avg.) **Overall Outcomes:** Complete = 100% Excellent = 90% Good = 80% Fair = 70% Unchanged = less than 70%

Success Rate: Percentage of Resolution equates to attaining the patient/clinician goals of 1) increase in function, and 2) decrease in pain.